



TRAIL RUN F5 - ETAPA 5

IPIOCA - AL 12.6.2022

TRAIL RUN F5

Marciane Gomes

Selva Rio Largo Adventure

Course : 6 KM SOLO FEMININO 30-39

Distance : 6440m (Climbing 116m)

Time : 0:53:37,378 (8'20"/km)

9/28

O.K.

[Full result on Webres](#)

1.	383	0:41:35,601
2.	Dany	0:42:08,171
3.	Simone	0:44:26,398

1.	81	00:04:32		740m	6'08"/km
2.	82	00:07:12	00:11:44	950m	7'35"/km
3.	84	00:14:12	00:25:56	1520m	9'21"/km
4.	85	00:10:33	00:36:29	1240m	8'30"/km
5.	81	00:11:37	00:48:06	1200m	9'41"/km
6.	999	00:05:31	00:53:37	740m	7'27"/km

HELGA



Orienteering Software