



TRAIL RUN F5 - ETAPA 5

IPIOCA - AL 12.6.2022

TRAIL RUN F5

Gil

Top Fênix

Percurso : 6 KM SOLO FEMININO 30-39

Distancia : 6440m (Desnivel 116m)

Tempo : 0:49:46,660 (7'44"/km)

6/28

O.K.

[Resultados completos em Webres](#)

1.	383	0:41:35,601
2.	Dany	0:42:08,171
3.	Simone	0:44:26,398

1.	81	00:05:04		740m	6'51"/km
2.	82	00:07:21	00:12:25	950m	7'44"/km
3.	84	00:13:37	00:26:02	1520m	8'58"/km
4.	85	00:08:29	00:34:31	1240m	6'50"/km
5.	81	00:10:21	00:44:52	1200m	8'38"/km
6.	999	00:04:54	00:49:46	740m	6'37"/km

HELGA



Orienteering Software