



TRAIL RUN F5 - ETAPA 5

IPIOCA - AL 12.6.2022

TRAIL RUN F5

Simone

TRAIL RUN F5

Percorso : 6 KM SOLO FEMININO 30-39

Distancia : 6440m (Desnivel 116m)

Tempo : 0:44:26,398 (6'54"/km)

3/28

O.K.

[Resultados completos em Webres](#)

- | | | |
|----|------|-------------|
| 1. | 383 | 0:41:35,601 |
| 2. | Dany | 0:42:08,171 |

1.	81	00:04:28		740m	6'02"/km
2.	82	00:06:12	00:10:40	950m	6'32"/km
3.	84	00:12:25	00:23:05	1520m	8'10"/km
4.	85	00:07:55	00:31:00	1240m	6'23"/km
5.	81	00:09:08	00:40:08	1200m	7'37"/km
6.	999	00:04:18	00:44:26	740m	5'49"/km

HELGA



Orienteering Software