



TRAIL RUN F5 - ETAPA 5

IPIOCA - AL 12.6.2022

TRAIL RUN F5

João Paulo

Mutum

Percurso : 12KM SOLO MASCULINO

Distancia : 12700m (Desnivel 202m)

Tempo : 1:20:12,710 (6'19"/km)

15/38

O.K.

[Resultados completos em Webres](#)

1. Adilson	1:03:12,558
2. Jose Aparecido Soares	1:03:37,039
3. Raio1983	1:05:18,531

1.	81	00:04:42		740m	6'21"/km
2.	82	00:05:11	00:09:53	950m	5'27"/km
3.	83	00:50:43	01:00:36	7630m	6'39"/km
4.	84	00:10:38	01:11:14	1870m	5'41"/km
5.	81	00:04:46	01:16:00	804m	5'56"/km
6.	999	00:04:12	01:20:12	740m	5'41"/km

HELGA



Orienteering Software