



TRAIL RUN F5 - ETAPA 5

IPIOCA - AL 12.6.2022

TRAIL RUN F5

Carla Nascimento

Alagoas Running

Percurso : 12KM SOLO FEMININO

Distancia : 12700m (Desnivel 202m)

Tempo : 1:51:05,058 (8'45"/km)

12/25

O.K.

[Resultados completos em Webres](#)

1. Fernanda	1:22:47,632
2. Fátima Blaut	1:26:49,417
3. Laura	1:28:48,652

1.	81	00:05:11		740m	7'00"/km
2.	82	00:07:46	00:12:57	950m	8'11"/km
3.	83	01:11:44	01:24:41	7630m	9'24"/km
4.	84	00:14:10	01:38:51	1870m	7'35"/km
5.	81	00:06:24	01:45:15	804m	7'58"/km
6.	999	00:05:50	01:51:05	740m	7'53"/km

HELGA



Orienteering Software