



TRAIL RUN F5 - ETAPA 5

IPIOCA - AL 12.6.2022

TRAIL RUN F5

Marco

Gildo Costa Assessoria Esportiva

Percurso : 6KM SOLO MASCULINO

Distancia : 6440m (Desnivel 116m)

Tempo : 1:10:24,304 (10'56"/km)

68/74

O.K.

[Resultados completos em Webres](#)

1.	Johny Ewerton	0:27:07,398
2.	Álvaro Atleta	0:27:07,546
3.	Vitor	0:29:19,968

1.	81	00:06:33		740m	8'51"/km
2.	82	00:10:17	00:16:50	950m	10'49"/km
3.	84	00:20:23	00:37:13	1520m	13'25"/km
4.	85	00:12:12	00:49:25	1240m	9'50"/km
5.	81	00:13:50	01:03:15	1200m	11'32"/km
6.	999	00:07:09	01:10:24	740m	9'40"/km

HELGA



Orienteering Software