

VK Aflossing Dagomlopen

Sint Anna Linkeroever 12.6.2022

Antwerp Orienteers

Tania HENDRICKX

hamok

Omloop : D:Long Difficult

Afstand : 4540m

Tijd : 0:50:46 (11'11"/km)

2/4

O.K.

[Volledige uitslagen op Webres](#)

1. Kiara NIJST	0:46:02
3. Karin DECLERCQ	1:02:08

1.	78	00:03:05		288m	10'42"/km
2.	52	00:01:08	00:04:13	162m	7'00"/km
3.	79	00:01:45	00:05:58	160m	10'56"/km
4.	51	00:00:51	00:06:49	95m	8'57"/km
5.	50	00:00:28	00:07:17	46m	10'09"/km
6.	54	00:04:00	00:11:17	518m	7'43"/km
7.	33	00:00:28	00:11:45	60m	7'47"/km
8.	34	00:00:49	00:12:34	80m	10'12"/km
9.	35	00:00:38	00:13:12	37m	17'07"/km
10.	59	00:02:38	00:15:50	243m	10'50"/km
11.	58	00:00:30	00:16:20	38m	13'09"/km
12.	38	00:00:52	00:17:12	117m	7'24"/km
13.	74	00:01:17	00:18:29	125m	10'16"/km
14.	47	00:00:42	00:19:11	95m	7'22"/km
15.	40	00:00:42	00:19:53	73m	9'35"/km
16.	46	00:02:04	00:21:57	155m	13'20"/km
17.	66	00:03:56	00:25:53	326m	12'04"/km
18.	45	00:02:15	00:28:08	231m	9'44"/km
19.	71	00:01:16	00:29:24	146m	8'41"/km
20.	68	00:01:02	00:30:26	72m	14'21"/km
21.	67	00:02:21	00:32:47	251m	9'22"/km
22.	64	00:06:48	00:39:35	192m	35'25"/km
23.	72	00:00:59	00:40:34	114m	8'38"/km
24.	44	00:00:34	00:41:08	58m	9'46"/km
25.	39	00:01:25	00:42:33	136m	10'25"/km
26.	42	00:01:26	00:43:59	82m	17'29"/km
27.	85	00:00:48	00:44:47	68m	11'46"/km
28.	62	00:01:42	00:46:29	177m	9'36"/km
29.	77	00:01:54	00:48:23	142m	13'23"/km
30.	49	00:01:20	00:49:43	125m	10'40"/km
31.	57	00:00:29	00:50:12	81m	5'58"/km
32.	999	00:00:34	00:50:46	47m	12'03"/km