



City O cup 3
BERINGEN MIJN 6.6.2022
K.O.L.

Jacques FLAMENT

ASUB

Omloop : H:05

Afstand : 2820m

Tijd : 0:29:26 (10'26"/km)

8/26

O.K.

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- | | |
|---------------------|---------|
| 1. Ivo TIMMERMANS | 0:24:02 |
| 2. Rudy CANTRE | 0:25:48 |
| 3. Mike IN 'T GROEN | 0:26:52 |

1.	209	00:02:24		249m	9'38"/km
2.	175	00:01:21	00:03:45	133m	10'09"/km
3.	182	00:02:34	00:06:19	241m	10'39"/km
4.	183	00:01:35	00:07:54	103m	15'22"/km
5.	210	00:03:10	00:11:04	138m	22'57"/km
6.	200	00:01:30	00:12:34	153m	9'48"/km
7.	199	00:00:00	00:12:34	41m	0'00"/km
8.	216	00:00:35	00:13:09	47m	12'25"/km
9.	207	00:01:08	00:14:17	140m	8'06"/km
10.	192	00:01:23	00:15:40	153m	9'02"/km
11.	212	00:02:12	00:17:52	219m	10'03"/km
12.	205	00:01:09	00:19:01	109m	10'33"/km
13.	214	00:03:06	00:22:07	354m	8'45"/km
14.	206	00:02:50	00:24:57	311m	9'07"/km
15.	188	00:02:01	00:26:58	197m	10'14"/km
16.	999	00:02:28	00:29:26	235m	10'30"/km

Orienteering Software