City O cup 3
BERINGEN MIJN 6.6.2022
K.O.L.

Frank DELAERE
K.O.L.
Omloop : H:04
Afstand : 3120m
Tijd : 0:42:27 (13'36"/km)

--/15 O.K.

Volledige uitslagen op Webres

1. Pierre WILLEMS 0:24:32
2. Thomas JANSEN 0:24:57
3. Adrie VAN OPSTAL 0:25:59

1.	209	00:02:44		249m	10'59"/km
2.	164	00:01:27	*00:04:11*	108m	13'26"/km
3.	182	00:03:18	*00:07:29*	267m	12'22"/km
4.	183	00:02:06	*00:09:35*	103m	20'23"/km
5.	181	00:00:52	*00:10:27*	72m	12'02"/km
6.	210	00:03:13	*00:13:40*	91m	35'21"/km
7.	200	00:01:38	*00:15:18*	153m	10'41"/km
8.	199	00:00:00	*00:15:18*	41m	0'00"/km
9.	193	00:02:14	*00:17:32*	178m	12'33"/km
10.	195	00:04:33	*00:22:05*	147m	30'57"/km
11.	184	00:02:10	*00:24:15*	113m	19'10"/km
12.	191	00:03:22	*00:27:37*	259m	13'00"/km
13.	214	00:05:58	*00:33:35*	524m	11'23"/km
14.	206	00:04:09	*00:37:44*	311m	13'21"/km
15.	159	00:01:36	*00:39:20*	79m	20'15"/km
16.	201	00:02:36	*00:41:56*	323m	8'03"/km
17.	999	00:00:31	*00:42:27*	99m	5'13"/km

Orienteering Software

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