



City O cup 3
BERINGEN MIJN 6.6.2022
K.O.L.

Guido LENGES

N.S.V. Amel

Omloop : H:02

Afstand : 5190m

Tijd : 0:33:43 (6'30"/km)

5/29

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Kim JANSEN | 0:32:11 |
| 2. Frederik LOECKX | 0:32:14 |
| 3. Filiep DEBAERE | 0:32:44 |

1.	162	00:01:39		275m	6'00"/km
2.	202	00:00:50	00:02:29	101m	8'15"/km
3.	206	00:01:06	00:03:35	110m	10'00"/km
4.	215	00:02:31	00:06:06	539m	4'40"/km
5.	194	00:02:14	00:08:20	331m	6'45"/km
6.	213	00:01:31	00:09:51	302m	5'01"/km
7.	208	00:01:03	00:10:54	209m	5'01"/km
8.	191	00:01:28	00:12:22	200m	7'20"/km
9.	198	00:00:49	00:13:11	116m	7'02"/km
10.	192	00:01:10	00:14:21	206m	5'40"/km
11.	195	00:00:42	00:15:03	152m	4'36"/km
12.	197	00:02:51	00:17:54	206m	13'50"/km
13.	196	00:01:57	00:19:51	240m	8'08"/km
14.	193	00:01:48	00:21:39	223m	8'04"/km
15.	216	00:00:43	00:22:22	135m	5'19"/km
16.	172	00:00:43	00:23:05	141m	5'05"/km
17.	190	00:00:00	00:23:05	37m	0'00"/km
18.	185	00:00:47	00:23:52	184m	4'15"/km
19.	171	00:01:10	00:25:02	140m	8'20"/km
20.	156	00:01:02	00:26:04	193m	5'21"/km
21.	173	00:00:48	00:26:52	153m	5'14"/km
22.	182	00:01:18	00:28:10	151m	8'37"/km
23.	165	00:02:14	00:30:24	319m	7'00"/km
24.	167	00:00:42	00:31:06	76m	9'13"/km
25.	204	00:02:20	00:33:26	386m	6'03"/km
26.	999	00:00:17	00:33:43	59m	4'48"/km

Orienteering Software