



II Treino Técnico de Orientação Floresta Nacional - FLONA 4.6.2022 Federação de Orientação do Distrito Federal

Luisa Pio Felizardo Quintanilha

CMB

Course : Novato Fem

Distance : 3300m

Time : 1:34:48 (28'44"/km)

6/11

O.K.

[Full result on Webres](#)

- | | |
|--------------------------------------|---------|
| 1. Daniela Viana Da Rosa | 0:54:53 |
| 2. Francisca Maria Pereira De Araujo | 1:12:33 |
| 3. Maria Eduarda Seara Monteiro | 1:17:19 |

1.	60	00:03:59		153m	26'02"/km
2.	32	00:05:09	00:09:08	158m	32'36"/km
3.	36	00:06:30	00:15:38	259m	25'06"/km
4.	37	00:04:49	00:20:27	110m	43'47"/km
5.	39	00:06:37	00:27:04	280m	23'38"/km
6.	40	00:06:43	00:33:47	413m	16'16"/km
7.	41	00:19:52	00:53:39	99m	200'40"/km
8.	57	00:09:22	01:03:01	477m	19'38"/km
9.	48	00:17:40	01:20:41	469m	37'40"/km
10.	44	00:03:03	01:23:44	132m	23'06"/km
11.	49	00:05:58	01:29:42	270m	22'06"/km
12.	52	00:02:12	01:31:54	144m	15'17"/km
13.	999	00:02:54	01:34:48	293m	9'54"/km

HELGA

Orienteering Software