



## II Treino Técnico de Orientação Floresta Nacional - FLONA 4.6.2022 Federação de Orientação do Distrito Federal

**Carolina Da Silva**

Clube de Orientação do Colégio Militar de  
Brasília

Course : Médio Fem

Distance : 5700m

Time : 2:01:45 (21'22"/km)

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O.K.

[Full result on Webres](#)

- |                                     |         |
|-------------------------------------|---------|
| 1. Isadora Lemes da Silva Alvarenga | 1:38:32 |
| 2. Joana De Almeida                 | 1:45:52 |
| 3. Caroline Luciane Broering Dutra  | 1:57:32 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 32  | 00:05:22 |          | 300m | 17'53"/km |
| 2.  | 33  | 00:06:51 | 00:12:13 | 320m | 21'24"/km |
| 3.  | 42  | 00:03:29 | 00:15:42 | 217m | 16'03"/km |
| 4.  | 34  | 00:03:48 | 00:19:30 | 186m | 20'26"/km |
| 5.  | 38  | 00:05:20 | 00:24:50 | 327m | 16'19"/km |
| 6.  | 31  | 00:04:28 | 00:29:18 | 130m | 34'22"/km |
| 7.  | 45  | 00:16:42 | 00:46:00 | 468m | 35'41"/km |
| 8.  | 46  | 00:03:27 | 00:49:27 | 211m | 16'21"/km |
| 9.  | 47  | 00:03:38 | 00:53:05 | 219m | 16'35"/km |
| 10. | 54  | 00:05:23 | 00:58:28 | 463m | 11'38"/km |
| 11. | 56  | 00:05:27 | 01:03:55 | 479m | 11'23"/km |
| 12. | 50  | 00:01:27 | 01:05:22 | 156m | 9'18"/km  |
| 13. | 59  | 00:08:15 | 01:13:37 | 590m | 13'59"/km |
| 14. | 43  | 00:15:38 | 01:29:15 | 204m | 76'38"/km |
| 15. | 41  | 00:03:56 | 01:33:11 | 220m | 17'53"/km |
| 16. | 58  | 00:06:16 | 01:39:27 | 259m | 24'12"/km |
| 17. | 49  | 00:11:24 | 01:50:51 | 427m | 26'42"/km |
| 18. | 51  | 00:06:13 | 01:57:04 | 296m | 21'00"/km |
| 19. | 999 | 00:04:41 | 02:01:45 | 265m | 17'40"/km |

Orienteering Software