



Régionale urbaine Nivelles

Nivelles 22.5.2022

Altair C.O.

Frank LEMY

Pégase CO

Circuit : H:Long

Distance : 7000m

Temps : 0:59:46 (8'32"/km)

2/12

O.K.

[Résultats complets sur Webres](#)

1. Bruno PARMENTIER	0:59:16
3. Hugues LUYCKFASSEEL	1:04:12

1.	189	00:02:22		398m	5'57"/km
2.	210	00:01:57	00:04:19	290m	6'43"/km
3.	204	00:02:12	00:06:31	317m	6'56"/km
4.	208	00:01:04	00:07:35	182m	5'52"/km
5.	195	00:02:54	00:10:29	360m	8'03"/km
6.	206	00:01:19	00:11:48	144m	9'09"/km
7.	205	00:01:39	00:13:27	258m	6'24"/km
8.	203	00:03:02	00:16:29	204m	14'52"/km
9.	222	00:02:58	00:19:27	334m	8'53"/km
10.	201	00:02:35	00:22:02	325m	7'57"/km
11.	197	00:03:36	00:25:38	354m	10'10"/km
12.	196	00:02:27	00:28:05	197m	12'26"/km
13.	188	00:02:20	00:30:25	251m	9'18"/km
14.	185	00:02:47	00:33:12	230m	12'06"/km
15.	186	00:01:30	00:34:42	148m	10'08"/km
16.	187	00:01:40	00:36:22	120m	13'53"/km
17.	193	00:02:27	00:38:49	388m	6'19"/km
18.	167	00:02:34	00:41:23	211m	12'10"/km
19.	183	00:01:44	00:43:07	150m	11'33"/km
20.	223	00:01:09	00:44:16	178m	6'28"/km
21.	224	00:00:00	00:44:16	35m	0'00"/km
22.	174	00:01:47	00:46:03	213m	8'22"/km
23.	176	00:01:15	00:47:18	190m	6'35"/km
24.	171	00:01:17	00:48:35	155m	8'17"/km
25.	168	00:02:03	00:50:38	270m	7'36"/km
26.	169	00:02:19	00:52:57	182m	12'44"/km
27.	177	00:02:20	00:55:17	223m	10'28"/km
28.	179	00:01:25	00:56:42	238m	5'57"/km
29.	182	00:01:52	00:58:34	222m	8'25"/km
30.	255	00:00:32	00:59:06	109m	4'54"/km
31.	999	00:00:40	00:59:46	138m	4'50"/km