



Régionale urbaine Nivelles

Nivelles 22.5.2022

Altair C.O.

Bruno PARMENTIER

ASUB

Course : H:Long

Distance : 7000m

Time : 0:59:16 (8'28"/km)

1/12

O.K.

[Full result on Webres](#)

2. Frank LEMY

0:59:46

3. Hugues LUYCKFASSEEL

1:04:12

1.	189	00:02:18		398m	5'47"/km
2.	210	00:02:01	00:04:19	290m	6'57"/km
3.	204	00:02:23	00:06:42	317m	7'31"/km
4.	208	00:00:58	00:07:40	182m	5'19"/km
5.	195	00:02:59	00:10:39	360m	8'17"/km
6.	206	00:01:19	00:11:58	144m	9'09"/km
7.	205	00:01:44	00:13:42	258m	6'43"/km
8.	203	00:02:54	00:16:36	204m	14'13"/km
9.	222	00:03:06	00:19:42	334m	9'17"/km
10.	201	00:02:44	00:22:26	325m	8'25"/km
11.	197	00:03:21	00:25:47	354m	9'28"/km
12.	196	00:02:15	00:28:02	197m	11'25"/km
13.	188	00:02:35	00:30:37	251m	10'18"/km
14.	185	00:01:59	00:32:36	230m	8'37"/km
15.	186	00:01:46	00:34:22	148m	11'56"/km
16.	187	00:01:35	00:35:57	120m	13'12"/km
17.	193	00:02:24	00:38:21	388m	6'11"/km
18.	167	00:02:35	00:40:56	211m	12'15"/km
19.	183	00:01:49	00:42:45	150m	12'07"/km
20.	223	00:01:18	00:44:03	178m	7'18"/km
21.	224	00:00:00	00:44:03	35m	0'00"/km
22.	174	00:01:43	00:45:46	213m	8'04"/km
23.	176	00:01:22	00:47:08	190m	7'12"/km
24.	171	00:01:41	00:48:49	155m	10'52"/km
25.	168	00:02:10	00:50:59	270m	8'01"/km
26.	169	00:01:38	00:52:37	182m	8'58"/km
27.	177	00:01:57	00:54:34	223m	8'45"/km
28.	179	00:01:42	00:56:16	238m	7'09"/km
29.	182	00:01:41	00:57:57	222m	7'35"/km
30.	255	00:00:41	00:58:38	109m	6'16"/km
31.	999	00:00:38	00:59:16	138m	4'35"/km