

Régionale urbaine Nivelles

Nivelles 22.5.2022

Altaïr C.O.

Benjamin HOFMANS

ASUB

Circuit : H:Très Long

Distance : 8300m

Temps : 1:11:57 (8'40"/km)

10/16

O.K.

[Résultats complets sur Webres](#)

- | | |
|--------------------------|---------|
| 1. Clément DEMEUSE | 0:52:49 |
| 2. Etienne VAN GASSE | 0:59:56 |
| 3. Grégoire VANDEGHINSTE | 1:00:10 |

1.	167	00:00:59		124m	7'56"/km
2.	184	00:01:35	00:02:34	277m	5'43"/km
3.	185	00:01:26	00:04:00	291m	4'56"/km
4.	186	00:01:26	00:05:26	148m	9'41"/km
5.	187	00:01:21	00:06:47	120m	11'15"/km
6.	190	00:00:51	00:07:38	125m	6'48"/km
7.	188	00:00:43	00:08:21	126m	5'41"/km
8.	193	00:01:21	00:09:42	246m	5'29"/km
9.	218	00:00:59	00:10:41	170m	5'47"/km
10.	194	00:01:59	00:12:40	348m	5'42"/km
11.	198	00:00:59	00:13:39	180m	5'28"/km
12.	196	00:02:23	00:16:02	221m	10'47"/km
13.	219	00:01:00	00:17:02	64m	15'38"/km
14.	197	00:01:21	00:18:23	220m	6'08"/km
15.	201	00:02:56	00:21:19	354m	8'17"/km
16.	220	00:01:27	00:22:46	130m	11'09"/km
17.	221	00:01:05	00:23:51	134m	8'05"/km
18.	222	00:03:01	00:26:52	398m	7'35"/km
19.	203	00:03:46	00:30:38	334m	11'17"/km
20.	205	00:02:43	00:33:21	204m	13'19"/km
21.	206	00:01:43	00:35:04	258m	6'39"/km
22.	195	00:01:06	00:36:10	144m	7'38"/km
23.	208	00:06:24	00:42:34	360m	17'47"/km
24.	207	00:01:19	00:43:53	230m	5'43"/km
25.	204	00:01:07	00:45:00	110m	10'09"/km
26.	209	00:00:44	00:45:44	103m	7'07"/km
27.	210	00:01:58	00:47:42	240m	8'12"/km
28.	189	00:01:45	00:49:27	290m	6'02"/km
29.	183	00:01:46	00:51:13	244m	7'14"/km
30.	223	00:01:03	00:52:16	178m	5'54"/km
31.	224	00:00:00	00:52:16	35m	0'00"/km
32.	181	00:01:35	00:53:51	217m	7'18"/km
33.	169	00:04:21	00:58:12	397m	10'57"/km
34.	173	00:06:43	01:04:55	347m	19'21"/km
35.	171	00:00:55	01:05:50	49m	18'42"/km
36.	176	00:01:19	01:07:09	155m	8'30"/km

37.	174	00:01:29	01:08:38	190m	7'48"/km
38.	179	00:01:19	01:09:57	192m	6'51"/km
39.	255	00:01:22	01:11:19	192m	7'07"/km
40.	999	00:00:38	01:11:57	138m	4'35"/km

