

Régionale urbaine Nivelles

Nivelles 22.5.2022

Altaïr C.O.

James GOSSELET

ASUB

Circuit : H:Très Long

Distance : 8300m

Temps : 1:06:35 (8'01"/km)

6/16

O.K.

[Résultats complets sur Webres](#)

- | | |
|--------------------------|---------|
| 1. Clément DEMEUSE | 0:52:49 |
| 2. Etienne VAN GASSE | 0:59:56 |
| 3. Grégoire VANDEGHINSTE | 1:00:10 |

1.	167	00:01:36		124m	12'54"/km
2.	184	00:01:51	00:03:27	277m	6'41"/km
3.	185	00:02:04	00:05:31	291m	7'06"/km
4.	186	00:01:21	00:06:52	148m	9'07"/km
5.	187	00:01:22	00:08:14	120m	11'23"/km
6.	190	00:01:02	00:09:16	125m	8'16"/km
7.	188	00:00:41	00:09:57	126m	5'25"/km
8.	193	00:01:32	00:11:29	246m	6'14"/km
9.	218	00:01:10	00:12:39	170m	6'52"/km
10.	194	00:02:29	00:15:08	348m	7'08"/km
11.	198	00:01:11	00:16:19	180m	6'34"/km
12.	196	00:02:42	00:19:01	221m	12'13"/km
13.	219	00:01:12	00:20:13	64m	18'45"/km
14.	197	00:01:31	00:21:44	220m	6'54"/km
15.	201	00:03:00	00:24:44	354m	8'28"/km
16.	220	00:01:12	00:25:56	130m	9'14"/km
17.	221	00:01:04	00:27:00	134m	7'58"/km
18.	222	00:03:14	00:30:14	398m	8'07"/km
19.	203	00:03:28	00:33:42	334m	10'23"/km
20.	205	00:03:01	00:36:43	204m	14'47"/km
21.	206	00:01:44	00:38:27	258m	6'43"/km
22.	195	00:01:20	00:39:47	144m	9'16"/km
23.	208	00:03:24	00:43:11	360m	9'27"/km
24.	207	00:01:37	00:44:48	230m	7'02"/km
25.	204	00:00:46	00:45:34	110m	6'58"/km
26.	209	00:00:44	00:46:18	103m	7'07"/km
27.	210	00:02:05	00:48:23	240m	8'41"/km
28.	189	00:02:02	00:50:25	290m	7'01"/km
29.	183	00:02:01	00:52:26	244m	8'16"/km
30.	223	00:01:04	00:53:30	178m	6'00"/km
31.	224	00:00:00	00:53:30	35m	0'00"/km
32.	181	00:01:40	00:55:10	217m	7'41"/km
33.	169	00:02:21	00:57:31	397m	5'55"/km
34.	173	00:02:41	01:00:12	347m	7'44"/km
35.	171	00:00:50	01:01:02	49m	17'00"/km
36.	176	00:01:15	01:02:17	155m	8'04"/km

37.	174	00:01:22	01:03:39	190m	7'12"/km
38.	179	00:01:16	01:04:55	192m	6'36"/km
39.	255	00:01:11	01:06:06	192m	6'10"/km
40.	999	00:00:29	01:06:35	138m	3'30"/km

