



Régionale urbaine Nivelles

Nivelles 22.5.2022

Altair C.O.

Grégoire VANDEGHINSTE

Hainaut O.C.

Course : H:Très Long

Distance : 8300m

Time : 1:00:10 (7'15"/km)

3/16

O.K.

[Full result on Webres](#)

1. Clément DEMEUSE

0:52:49

2. Etienne VAN GASSE

0:59:56

1.	167	00:01:19		124m	10'37"/km
2.	184	00:01:46	00:03:05	277m	6'23"/km
3.	185	00:01:34	00:04:39	291m	5'23"/km
4.	186	00:01:31	00:06:10	148m	10'15"/km
5.	187	00:01:19	00:07:29	120m	10'58"/km
6.	190	00:00:53	00:08:22	125m	7'04"/km
7.	188	00:00:39	00:09:01	126m	5'10"/km
8.	193	00:01:26	00:10:27	246m	5'50"/km
9.	218	00:01:02	00:11:29	170m	6'05"/km
10.	194	00:02:02	00:13:31	348m	5'51"/km
11.	198	00:00:59	00:14:30	180m	5'28"/km
12.	196	00:02:28	00:16:58	221m	11'10"/km
13.	219	00:00:55	00:17:53	64m	14'19"/km
14.	197	00:01:24	00:19:17	220m	6'22"/km
15.	201	00:02:50	00:22:07	354m	8'00"/km
16.	220	00:01:08	00:23:15	130m	8'43"/km
17.	221	00:00:55	00:24:10	134m	6'50"/km
18.	222	00:03:34	00:27:44	398m	8'58"/km
19.	203	00:02:58	00:30:42	334m	8'53"/km
20.	205	00:02:37	00:33:19	204m	12'50"/km
21.	206	00:01:44	00:35:03	258m	6'43"/km
22.	195	00:01:03	00:36:06	144m	7'18"/km
23.	208	00:04:28	00:40:34	360m	12'24"/km
24.	207	00:01:18	00:41:52	230m	5'39"/km
25.	204	00:00:40	00:42:32	110m	6'04"/km
26.	209	00:00:37	00:43:09	103m	5'59"/km
27.	210	00:01:46	00:44:55	240m	7'22"/km
28.	189	00:01:32	00:46:27	290m	5'17"/km
29.	183	00:01:30	00:47:57	244m	6'09"/km
30.	223	00:00:57	00:48:54	178m	5'20"/km
31.	224	00:00:00	00:48:54	35m	0'00"/km
32.	181	00:01:29	00:50:23	217m	6'50"/km
33.	169	00:02:00	00:52:23	397m	5'02"/km
34.	173	00:02:19	00:54:42	347m	6'41"/km
35.	171	00:00:36	00:55:18	49m	12'15"/km
36.	176	00:00:56	00:56:14	155m	6'01"/km

37.	174	00:01:10	00:57:24	190m	6'08"/km
38.	179	00:01:01	00:58:25	192m	5'18"/km
39.	255	00:01:11	00:59:36	192m	6'10"/km
40.	999	00:00:34	01:00:10	138m	4'06"/km

