



TRAIL RUN F5 - ETAPA 3

ATALAIA - AL 27.3.2022

TRAIL RUN F5

Jernan

Restaurante Delícia de Neyde

Percurso : 12 KM SOLO MASCULINO 50-59

Distancia : 12000m (Desnivel 100m)

Tempo : 0:52:48,640 (4'24"/km)

1/8

O.K.

[Resultados completos em Webres](#)

2. Lobo	0:59:22,804
3. Irmão Luis	1:00:41,613

1.	81	00:08:42		2000m	4'21"/km
2.	82	00:17:07	00:25:49	4000m	4'17"/km
3.	83	00:19:32	00:45:21	4000m	4'53"/km
4.	999	00:07:27	00:52:48	2000m	3'44"/km

HELGA



Orienteering Software