



TRAIL RUN F5 - ETAPA 3
ATALAIA - AL 27.3.2022
TRAIL RUN F5

Carlos Jorge

Tucunaré

Percurso : 12 KM SOLO MASCULINO 40-49

Distancia : 12000m (Desnivel 100m)

Tempo : 1:05:14,464 (5'26"/km)

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O.K.

[Resultados completos em Webres](#)

1. Aldevan	0:49:59
2. Glauciano	0:51:27,882
3. Adilson	0:52:15,972

1.	81	00:10:17		2000m	5'08"/km
2.	82	00:20:50	00:31:07	4000m	5'12"/km
3.	83	00:25:12	00:56:19	4000m	6'18"/km
4.	999	00:08:55	01:05:14	2000m	4'27"/km

HELGA



Orienteering Software