



TRAIL RUN F5 - ETAPA 3
ATALAIA - AL 27.3.2022
TRAIL RUN F5

Jandson/irys

LAGOAAZEDA RUNNING

Percurso : 6 KM DUPLA MISTA

Distancia : 6000m (Desnivel 100m)

Tempo : 0:46:33,027 (7'45"/km)

2/29

O.K.

[Resultados completos em Webres](#)

- | | |
|---------------------|-------------|
| 1. Deninho / Galega | 0:40:18,695 |
| 3. Helho/edileide | 0:47:51,035 |

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|----|-----|----------|----------|----------|-----------|
| 1. | 81 | 00:10:47 | 2000m | 5'23"/km | |
| 2. | 83 | 00:26:10 | 00:36:57 | 2000m | 13'05"/km |
| 3. | 999 | 00:09:36 | 00:46:33 | 2000m | 4'48"/km |

HELGA



Orienteering Software