



TRAIL RUN F5 - ETAPA 3

ATALAIA - AL 27.3.2022

TRAIL RUN F5

Trindade

TRAILRUN F5

Percurso : 12 KM SOLO MASCULINO

Distancia : 12000m (Desnivel 100m)

Tempo : 1:10:09,046 (5'51"/km)

29/59

O.K.

[Resultados completos em Webres](#)

1. Johny Ewerton	0:45:35,046
2. Cicero Carlos	0:47:07,316
3. Alex Penedo	0:49:26,601

1.	81	00:12:41		2000m	6'21"/km
2.	82	00:22:50	00:35:31	4000m	5'42"/km
3.	83	00:25:47	01:01:18	4000m	6'27"/km
4.	999	00:08:51	01:10:09	2000m	4'25"/km

HELGA



Orienteering Software