



TRAIL RUN PARADISE - ETAPA 4

PILAR - AL 1.5.2022

PARADISE

Alessandra Guilherme

KAMIKAZE ADVENTURE PILAR

Course : 12 KM SOLO FEMININO 18-29

Distance : 11300m (Climbing 255m)

Time : 1:24:03,191 (7'26"/km)

1/5

O.K.

[Full result on Webres](#)

2. Jeane Fabiana

1:50:56,234

3. Alaine Rezend

1:53:51,519

1.	81	00:40:40		4540m	8'57"/km	HIDRATAÇÃO 1 - DIV CATEGORIAS
2.	82	00:10:02	00:50:42	1510m	6'39"/km	RETORNO 12KM
3.	83	00:20:32	01:11:14	2800m	7'20"/km	REENCONTRO CATEGORIAS
4.	999	00:12:49	01:24:03	2500m	5'08"/km	CHEGADA

HELGA



Orienteering Software