



TRAIL RUN PARADISE - ETAPA 4

PILAR - AL 1.5.2022

PARADISE

José Cloves

URUTU

Course : 6 KM SOLO MASCULINO 30-39

Distance : 8000m (Climbing 204m)

Time : 1:01:54,128 (7'44"/km)

12/33

O.K.

[Full result on Webres](#)

- | | |
|-----------------|-------------|
| 1. Marcos André | 0:42:16,867 |
| 2. Alan Roberto | 0:43:43,355 |
| 3. José Naefson | 0:46:07,804 |

1.	81	00:39:41		4540m	8'44"/km	HIDRATAÇÃO 1 - DIV CATEGORIAS
2.	83	00:10:05	00:49:46	974m	10'21"/km	REENCONTRO CATEGORIAS
3.	999	00:12:08	01:01:54	2500m	4'51"/km	CHEGADA

HELGA



Orienteering Software