



TRAIL RUN PARADISE - ETAPA 4

PILAR - AL 1.5.2022

PARADISE

Nilda/liu

SEM EQUIPE

Course : 6 KM DUPLA FEMININA

Distance : 8000m (Climbing 204m)

Time : 1:23:39,261 (10'27"/km)

6/13

O.K.

[Full result on Webres](#)

- | | |
|-------------------------|-------------|
| 1. Adriana/gata Manhosa | 0:52:28,792 |
| 2. Mayra/marcinha | 1:01:30,511 |
| 3. Mariana/maria | 1:02:21,101 |

- | | | | | | | |
|----|-----|----------|----------|-------|-----------|-------------------------------|
| 1. | 81 | 00:55:56 | | 4540m | 12'19"/km | HIDRATAÇÃO 1 - DIV CATEGORIAS |
| 2. | 83 | 00:12:31 | 01:08:27 | 974m | 12'51"/km | REENCONTRO CATEGORIAS |
| 3. | 999 | 00:15:12 | 01:23:39 | 2500m | 6'05"/km | CHEGADA |

HELGA



Orienteering Software