



TRAIL RUN PARADISE - ETAPA 4

PILAR - AL 1.5.2022

PARADISE

José Claudio

PALMARINOS AVENTUREIROS

Course : 6 KM SOLO MASCULINO

Distance : 8000m (Climbing 204m)

Time : 1:06:02,582 (8'15"/km)

46/88

O.K.

[Full result on Webres](#)

- | | |
|-------------------|-------------|
| 1. Vitor Domingos | 0:38:25,445 |
| 2. Tiago Braga | 0:39:27,132 |
| 3. Arnaldo Santos | 0:41:41,550 |

1.	81	00:40:42		4540m	8'58"/km	HIDRATAÇÃO 1 - DIV CATEGORIAS
2.	83	00:09:40	00:50:22	974m	9'55"/km	REENCONTRO CATEGORIAS
3.	999	00:15:40	01:06:02	2500m	6'16"/km	CHEGADA

HELGA



Orienteering Software