



TRAIL RUN PARADISE - ETAPA 4

PILAR - AL 1.5.2022

PARADISE

Carlos Mizael

PALMARINOS AVENTUREIROS

Course : 6 KM SOLO MASCULINO

Distance : 8000m (Climbing 204m)

Time : 0:56:19,015 (7'02"/km)

24/88

O.K.

[Full result on Webres](#)

- | | |
|-------------------|-------------|
| 1. Vitor Domingos | 0:38:25,445 |
| 2. Tiago Braga | 0:39:27,132 |
| 3. Arnaldo Santos | 0:41:41,550 |

1.	81	00:34:35		4540m	7'37"/km	HIDRATAÇÃO 1 - DIV CATEGORIAS
2.	83	00:08:19	00:42:54	974m	8'32"/km	REENCONTRO CATEGORIAS
3.	999	00:13:25	00:56:19	2500m	5'22"/km	CHEGADA

HELGA



Orienteering Software