



TRAIL RUN PARADISE - ETAPA 4

PILAR - AL 1.5.2022

PARADISE

Maria Gracenilda

PALMARINOS AVENTUREIROS

Course : 6 KM SOLO FEMININO

Distance : 8000m (Climbing 204m)

Time : 2:45:56,691 (20'45"/km)

78/88

O.K.

[Full result on Webres](#)

- | | |
|---------------------------|-------------|
| 1. Rosa Amaro | 0:53:39,761 |
| 2. Alesirlandra Francisca | 0:54:19,449 |
| 3. Pantera Negra | 0:56:44,019 |

1.	81	01:55:25		4540m	25'25"/km	HIDRATAÇÃO 1 - DIV CATEGORIAS
2.	83	00:23:49	02:19:14	974m	24'27"/km	REENCONTRO CATEGORIAS
3.	999	00:26:42	02:45:56	2500m	10'41"/km	CHEGADA

HELGA



Orienteering Software