



TRAIL RUN PARADISE - ETAPA 4

PILAR - AL 1.5.2022

PARADISE

DIONE RODRIGUES

PARADISE

Course : 6 KM SOLO FEMININO

Distance : 8000m (Climbing 204m)

Time : 1:12:43,796 (9'05"/km)

24/88

O.K.

[Full result on Webres](#)

- | | |
|---------------------------|-------------|
| 1. Rosa Amaro | 0:53:39,761 |
| 2. Alesirlandra Francisca | 0:54:19,449 |
| 3. Pantera Negra | 0:56:44,019 |

1.	81	00:48:09		4540m	10'36"/km	HIDRATAÇÃO 1 - DIV CATEGORIAS
2.	83	00:10:32	00:58:41	974m	10'49"/km	REENCONTRO CATEGORIAS
3.	999	00:14:02	01:12:43	2500m	5'37"/km	CHEGADA

HELGA



Orienteering Software