



# Lenteloop

## Vorselaar 4.5.2022

### K.O.L.

**Jo LINTEN**

K.O.L.

Omloop : H:01

Afstand : 4680m

Tijd : 0:31:13 (6'40"/km)

9/25

O.K.

[Volledige uitslagen op Webres](#)

1. Yannick MICHIELS 0:22:43
2. Tomas HENDRICKX 0:25:45
3. Lennert LENS 0:26:32

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 103 | 00:00:17 |          | 50m  | 5'40"/km  |
| 2.  | 105 | 00:02:13 | 00:02:30 | 305m | 7'16"/km  |
| 3.  | 107 | 00:01:28 | 00:03:58 | 200m | 7'20"/km  |
| 4.  | 109 | 00:00:43 | 00:04:41 | 160m | 4'29"/km  |
| 5.  | 111 | 00:00:47 | 00:05:28 | 144m | 5'26"/km  |
| 6.  | 113 | 00:01:04 | 00:06:32 | 213m | 5'00"/km  |
| 7.  | 119 | 00:01:33 | 00:08:05 | 282m | 5'30"/km  |
| 8.  | 121 | 00:01:34 | 00:09:39 | 227m | 6'54"/km  |
| 9.  | 118 | 00:01:43 | 00:11:22 | 230m | 7'28"/km  |
| 10. | 122 | 00:01:16 | 00:12:38 | 163m | 7'46"/km  |
| 11. | 123 | 00:00:00 | 00:12:38 | 117m | 0'00"/km  |
| 12. | 132 | 00:03:32 | 00:16:10 | 434m | 8'08"/km  |
| 13. | 131 | 00:01:09 | 00:17:19 | 211m | 5'27"/km  |
| 14. | 126 | 00:02:50 | 00:20:09 | 171m | 16'34"/km |
| 15. | 127 | 00:00:34 | 00:20:43 | 118m | 4'48"/km  |
| 16. | 129 | 00:00:33 | 00:21:16 | 116m | 4'44"/km  |
| 17. | 133 | 00:01:43 | 00:22:59 | 184m | 9'20"/km  |
| 18. | 136 | 00:01:19 | 00:24:18 | 239m | 5'31"/km  |
| 19. | 138 | 00:00:41 | 00:24:59 | 127m | 5'23"/km  |
| 20. | 141 | 00:01:44 | 00:26:43 | 217m | 7'59"/km  |
| 21. | 148 | 00:01:40 | 00:28:23 | 271m | 6'09"/km  |
| 22. | 145 | 00:00:43 | 00:29:06 | 115m | 6'14"/km  |
| 23. | 143 | 00:00:40 | 00:29:46 | 126m | 5'17"/km  |
| 24. | 146 | 00:00:24 | 00:30:10 | 89m  | 4'30"/km  |
| 25. | 150 | 00:00:44 | 00:30:54 | 134m | 5'28"/km  |
| 26. | 999 | 00:00:19 | 00:31:13 | 38m  | 8'20"/km  |

Orienteering Software