

# Lenteloop Ekeren

## Ekeren 27.4.2022

### Antwerp Orienteers

**Kris VAN GELDER**

Omega

Omloop : H:1

Afstand : 5580m

Tijd : 0:52:22 (9'23"/km)

**20/21**

O.K.

[Volledige uitslagen op Webres](#)

- |                     |         |
|---------------------|---------|
| 1. Remco HEREIJGERS | 0:28:44 |
| 2. Lennert LENS     | 0:30:45 |
| 3. Ruben GRIETENS   | 0:31:24 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 47  | 00:01:16 |          | 107m | 11'50"/km |
| 2.  | 48  | 00:00:45 | 00:02:01 | 113m | 6'38"/km  |
| 3.  | 49  | 00:00:50 | 00:02:51 | 95m  | 8'46"/km  |
| 4.  | 50  | 00:02:44 | 00:05:35 | 354m | 7'43"/km  |
| 5.  | 51  | 00:01:13 | 00:06:48 | 143m | 8'30"/km  |
| 6.  | 52  | 00:01:10 | 00:07:58 | 147m | 7'56"/km  |
| 7.  | 53  | 00:01:41 | 00:09:39 | 248m | 6'47"/km  |
| 8.  | 62  | 00:01:14 | 00:10:53 | 134m | 9'12"/km  |
| 9.  | 57  | 00:05:31 | 00:16:24 | 304m | 18'09"/km |
| 10. | 54  | 00:04:11 | 00:20:35 | 453m | 9'14"/km  |
| 11. | 33  | 00:04:58 | 00:25:33 | 588m | 8'27"/km  |
| 12. | 34  | 00:01:04 | 00:26:37 | 90m  | 11'51"/km |
| 13. | 35  | 00:01:49 | 00:28:26 | 157m | 11'34"/km |
| 14. | 38  | 00:02:36 | 00:31:02 | 244m | 10'39"/km |
| 15. | 37  | 00:00:50 | 00:31:52 | 81m  | 10'17"/km |
| 16. | 36  | 00:00:43 | 00:32:35 | 84m  | 8'32"/km  |
| 17. | 33  | 00:01:43 | 00:34:18 | 176m | 9'45"/km  |
| 18. | 58  | 00:00:44 | 00:35:02 | 70m  | 10'29"/km |
| 19. | 44  | 00:01:04 | 00:36:06 | 135m | 7'54"/km  |
| 20. | 32  | 00:01:21 | 00:37:27 | 128m | 10'33"/km |
| 21. | 59  | 00:01:46 | 00:39:13 | 214m | 8'15"/km  |
| 22. | 33  | 00:01:11 | 00:40:24 | 91m  | 13'00"/km |
| 23. | 40  | 00:01:42 | 00:42:06 | 163m | 10'26"/km |
| 24. | 43  | 00:01:29 | 00:43:35 | 129m | 11'30"/km |
| 25. | 42  | 00:00:56 | 00:44:31 | 103m | 9'04"/km  |
| 26. | 41  | 00:01:15 | 00:45:46 | 176m | 7'06"/km  |
| 27. | 60  | 00:01:07 | 00:46:53 | 131m | 8'31"/km  |
| 28. | 31  | 00:02:35 | 00:49:28 | 323m | 8'00"/km  |
| 29. | 61  | 00:01:05 | 00:50:33 | 147m | 7'22"/km  |
| 30. | 45  | 00:01:05 | 00:51:38 | 96m  | 11'17"/km |
| 31. | 56  | 00:00:22 | 00:52:00 | 53m  | 6'55"/km  |
| 32. | 999 | 00:00:22 | 00:52:22 | 66m  | 5'33"/km  |