

Lenteloop Ekeren

Ekeren 27.4.2022

Antwerp Orienteers

Jeroen VAN LOON

Antwerp Orienteers

Omloop : H:1

Afstand : 5580m

Tijd : 0:50:11 (9'00"/km)

19/21

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Remco HEREIJGERS | 0:28:44 |
| 2. Lennert LENS | 0:30:45 |
| 3. Ruben GRIETENS | 0:31:24 |

1.	63	00:00:47		77m	10'10"/km
2.	47	00:00:41	00:01:28	31m	22'03"/km
3.	48	00:00:41	00:02:09	113m	6'03"/km
4.	49	00:01:01	00:03:10	95m	10'42"/km
5.	50	00:02:29	00:05:39	354m	7'01"/km
6.	51	00:03:37	00:09:16	143m	25'17"/km
7.	52	00:01:02	00:10:18	147m	7'02"/km
8.	53	00:01:54	00:12:12	248m	7'40"/km
9.	62	00:01:06	00:13:18	134m	8'13"/km
10.	57	00:05:46	00:19:04	304m	18'58"/km
11.	54	00:04:03	00:23:07	453m	8'56"/km
12.	33	00:05:02	00:28:09	588m	8'34"/km
13.	34	00:01:02	00:29:11	90m	11'29"/km
14.	35	00:01:35	00:30:46	157m	10'05"/km
15.	38	00:02:16	00:33:02	244m	9'17"/km
16.	37	00:01:24	00:34:26	81m	17'17"/km
17.	36	00:00:50	00:35:16	84m	9'55"/km
18.	33	00:01:20	00:36:36	176m	7'35"/km
19.	58	00:00:49	00:37:25	70m	11'40"/km
20.	44	00:01:01	00:38:26	135m	7'32"/km
21.	32	00:01:16	00:39:42	128m	9'54"/km
22.	59	00:01:24	00:41:06	214m	6'33"/km
23.	33	00:00:47	00:41:53	91m	8'36"/km
24.	43	00:01:21	00:43:14		
25.	40	00:00:11	00:43:25	129m	1'25"/km
26.	43	00:00:04	00:43:29	129m	0'31"/km
27.	42	00:00:12	00:43:41	103m	1'57"/km
28.	41	00:00:02	00:43:43	176m	0'11"/km
29.	60	00:01:45	00:45:28	131m	13'22"/km
30.	31	00:02:18	00:47:46	323m	7'07"/km
31.	61	00:00:59	00:48:45	147m	6'41"/km
32.	45	00:00:50	00:49:35	96m	8'41"/km
33.	56	00:00:18	00:49:53	53m	5'40"/km
34.	999	00:00:18	00:50:11	66m	4'33"/km