Lenteloop Ekeren
Ekeren 27.4.2022
Antwerp Orienteers

Lennert LENS
hamok
Omloop : H:1
Afstand : 5580m
Tijd : 0:30:45 (5'31"/km)

2/21 O.K.

Volledige uitslagen op Webres

1. Remco HEREIJGERS 0:28:44
3. Ruben GRIETENS 0:31:24

1.	47	00:00:34		107m	5'18"/km
2.	48	00:00:27	*00:01:01*	113m	3'59"/km
3.	49	00:00:31	*00:01:32*	95m	5'26"/km
4.	50	00:01:41	*00:03:13*	354m	4'45"/km
5.	51	00:00:40	*00:03:53*	143m	4'40"/km
6.	52	00:00:44	*00:04:37*	147m	4'59"/km
7.	53	00:00:59	*00:05:36*	248m	3'58"/km
8.	62	00:00:42	*00:06:18*	134m	5'13"/km
9.	57	00:03:56	*00:10:14*	304m	12'56"/km
10.	54	00:02:32	*00:12:46*	453m	5'36"/km
11.	33	00:02:44	*00:15:30*	588m	4'39"/km
12.	34	00:01:00	*00:16:30*	90m	11'07"/km
13.	35	00:01:01	*00:17:31*	157m	6'29"/km
14.	38	00:01:20	*00:18:51*	244m	5'28"/km
15.	37	00:00:30	*00:19:21*	81m	6'10"/km
16.	36	00:00:26	*00:19:47*	84m	5'10"/km
17.	33	00:00:50	*00:20:37*	176m	4'44"/km
18.	58	00:00:24	*00:21:01*	70m	5'43"/km
19.	44	00:00:40	*00:21:41*	135m	4'56"/km
20.	32	00:00:48	*00:22:29*	128m	6'15"/km
21.	59	00:00:57	*00:23:26*	214m	4'26"/km
22.	33	00:00:29	*00:23:55*	91m	5'19"/km
23.	40	00:00:50	*00:24:45*	163m	5'07"/km
24.	43	00:01:09	*00:25:54*	129m	8'55"/km
25.	42	00:00:29	*00:26:23*	103m	4'42"/km
26.	41	00:00:42	*00:27:05*	176m	3'59"/km
27.	60	00:00:33	*00:27:38*	131m	4'12"/km
28.	31	00:01:29	*00:29:07*	323m	4'36"/km
29.	61	00:00:37	*00:29:44*	147m	4'12"/km
30.	45	00:00:36	*00:30:20*	96m	6'15"/km
31.	56	00:00:12	*00:30:32*	53m	3'46"/km
32.	999	00:00:13	*00:30:45*	66m	3'17"/km

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