

# Lenteloop Ekeren

## Ekeren 27.4.2022

### Antwerp Orienteers

**Remco HEREIJGERS**

Antwerp Orienteers

Omloop : H:1

Afstand : 5580m

Tijd : 0:28:44 (5'09"/km)

**1/21**

O.K.

[Volledige uitslagen op Webres](#)

2. Lennert LENS 0:30:45  
3. Ruben GRIETENS 0:31:24

|     |     |                   |      |           |
|-----|-----|-------------------|------|-----------|
| 1.  | 47  | 00:00:36          | 107m | 5'36"/km  |
| 2.  | 48  | 00:00:27 00:01:03 | 113m | 3'59"/km  |
| 3.  | 49  | 00:00:30 00:01:33 | 95m  | 5'16"/km  |
| 4.  | 50  | 00:01:42 00:03:15 | 354m | 4'48"/km  |
| 5.  | 51  | 00:00:43 00:03:58 | 143m | 5'01"/km  |
| 6.  | 52  | 00:00:53 00:04:51 | 147m | 6'01"/km  |
| 7.  | 53  | 00:01:02 00:05:53 | 248m | 4'10"/km  |
| 8.  | 62  | 00:00:44 00:06:37 | 134m | 5'28"/km  |
| 9.  | 57  | 00:03:04 00:09:41 | 304m | 10'05"/km |
| 10. | 54  | 00:02:19 00:12:00 | 453m | 5'07"/km  |
| 11. | 33  | 00:02:44 00:14:44 | 588m | 4'39"/km  |
| 12. | 34  | 00:00:42 00:15:26 | 90m  | 7'47"/km  |
| 13. | 35  | 00:00:57 00:16:23 | 157m | 6'03"/km  |
| 14. | 38  | 00:01:20 00:17:43 | 244m | 5'28"/km  |
| 15. | 37  | 00:00:30 00:18:13 | 81m  | 6'10"/km  |
| 16. | 36  | 00:00:25 00:18:38 | 84m  | 4'58"/km  |
| 17. | 33  | 00:00:49 00:19:27 | 176m | 4'38"/km  |
| 18. | 58  | 00:00:24 00:19:51 | 70m  | 5'43"/km  |
| 19. | 44  | 00:00:32 00:20:23 | 135m | 3'57"/km  |
| 20. | 32  | 00:00:42 00:21:05 | 128m | 5'28"/km  |
| 21. | 59  | 00:00:55 00:22:00 | 214m | 4'17"/km  |
| 22. | 33  | 00:00:29 00:22:29 | 91m  | 5'19"/km  |
| 23. | 40  | 00:00:50 00:23:19 | 163m | 5'07"/km  |
| 24. | 43  | 00:00:47 00:24:06 | 129m | 6'04"/km  |
| 25. | 42  | 00:00:29 00:24:35 | 103m | 4'42"/km  |
| 26. | 41  | 00:00:42 00:25:17 | 176m | 3'59"/km  |
| 27. | 60  | 00:00:35 00:25:52 | 131m | 4'27"/km  |
| 28. | 31  | 00:01:19 00:27:11 | 323m | 4'05"/km  |
| 29. | 61  | 00:00:37 00:27:48 | 147m | 4'12"/km  |
| 30. | 45  | 00:00:32 00:28:20 | 96m  | 5'33"/km  |
| 31. | 56  | 00:00:11 00:28:31 | 53m  | 3'28"/km  |
| 32. | 999 | 00:00:13 00:28:44 | 66m  | 3'17"/km  |