



LOS1-Heuvelhof

Heuvelhof Leuven 16.4.2022

Omega

Jan FRYDENLUND

hamok

Course : H:01

Distance : 4590m

Time : 0:33:47 (7'22"/km)

9/35

O.K.

[Full result on Webres](#)

1. Lennert LENS	0:24:59
2. Frederik LOECKX	0:25:42
3. Jan CAPPAERT	0:28:13

1.	31	00:00:38		122m	5'11"/km
2.	32	00:00:56	00:01:34	150m	6'13"/km
3.	33	00:01:01	00:02:35	134m	7'35"/km
4.	34	00:00:39	00:03:14	130m	5'00"/km
5.	35	00:01:13	00:04:27	202m	6'01"/km
6.	36	00:01:14	00:05:41	226m	5'27"/km
7.	37	00:00:58	00:06:39	89m	10'52"/km
8.	38	00:00:44	00:07:23	83m	8'50"/km
9.	52	00:01:38	00:09:01	225m	7'16"/km
10.	39	00:02:38	00:11:39	428m	6'09"/km
11.	40	00:01:52	00:13:31	178m	10'29"/km
12.	41	00:00:36	00:14:07	99m	6'04"/km
13.	42	00:02:33	00:16:40	316m	8'04"/km
14.	43	00:01:24	00:18:04	178m	7'52"/km
15.	44	00:01:10	00:19:14	191m	6'06"/km
16.	53	00:01:50	00:21:04	202m	9'05"/km
17.	45	00:01:14	00:22:18	169m	7'18"/km
18.	54	00:01:29	00:23:47	146m	10'10"/km
19.	46	00:00:48	00:24:35	103m	7'46"/km
20.	56	00:00:35	00:25:10	87m	6'42"/km
21.	47	00:02:21	00:27:31	306m	7'41"/km
22.	48	00:01:47	00:29:18	241m	7'24"/km
23.	49	00:00:57	00:30:15	93m	10'13"/km
24.	50	00:01:41	00:31:56	187m	9'00"/km
25.	55	00:00:35	00:32:31	67m	8'42"/km
26.	51	00:01:11	00:33:42	215m	5'30"/km
27.	999	00:00:05	00:33:47	27m	3'05"/km

Orienteering Software