



Treino Sprint Ceasa

CEASA - Curitiba/PR 10.4.2022

Clube de Orientação de Curitiba

Valter Costa

Clube de Orientação de Curitiba

Percurso : H Senior A

Distancia : 3400m (Desnivel 5m)

Tempo : 0:36:15 (10'40"/km)

3/5

O.K.

[Resultados completos em Webres](#)

- | | |
|------------------------------|---------|
| 1. Tarcisio Marcos Czepaniki | 0:25:26 |
| 2. Wilson Schneider Amaral | 0:30:14 |

1.	110	00:04:42		403m	11'40"/km
2.	109	00:01:42	00:06:24	130m	13'05"/km
3.	104	00:02:03	00:08:27	173m	11'51"/km
4.	106	00:03:28	00:11:55	329m	10'32"/km
5.	102	00:01:35	00:13:30	139m	11'23"/km
6.	103	00:01:02	00:14:32	93m	11'07"/km
7.	108	00:02:53	00:17:25	156m	18'29"/km
8.	96	00:01:53	00:19:18	153m	12'19"/km
9.	115	00:04:01	00:23:19	360m	11'09"/km
10.	114	00:01:15	00:24:34	110m	11'22"/km
11.	117	00:03:23	00:27:57	41m	82'31"/km
12.	112	00:01:44	00:29:41	48m	36'07"/km
13.	91	00:02:41	00:32:22	307m	8'44"/km
14.	111	00:02:18	00:34:40	188m	12'14"/km
15.	113	00:01:17	00:35:57	118m	10'53"/km
16.	999	00:00:18	00:36:15	28m	10'43"/km

Orienteering Software