



Treino Sprint Ceasa

CEASA - Curitiba/PR 10.4.2022

Clube de Orientação de Curitiba

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Clube de Orientação Gralha Azul

Percurso : H Juven A

Distancia : 2800m (Desnivel 5m)

Tempo : 0:23:22 (8'21"/km)

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O.K.

[Resultados completos em Webres](#)

1. Nicolas Takayuki Takahashi Tuyama 0:16:46

1.	98	00:01:33		203m	7'38"/km
2.	108	00:00:50	00:02:23	98m	8'30"/km
3.	107	00:00:56	00:03:19	113m	8'16"/km
4.	97	00:01:18	00:04:37	220m	5'55"/km
5.	106	00:01:03	00:05:40	134m	7'50"/km
6.	111	00:01:09	00:06:49	160m	7'11"/km
7.	99	00:01:56	00:08:45	164m	11'47"/km
8.	112	00:02:20	00:11:05	245m	9'31"/km
9.	114	00:01:38	00:12:43	42m	38'53"/km
10.	116	00:00:42	00:13:25	115m	6'05"/km
11.	115	00:01:01	00:14:26	111m	9'10"/km
12.	110	00:03:07	00:17:33	241m	12'56"/km
13.	96	00:03:38	00:21:11	239m	15'12"/km
14.	113	00:01:49	00:23:00	145m	12'32"/km
15.	999	00:00:22	00:23:22	28m	13'06"/km

HELGA Orienteering Software