



**Vlaams kampioenschap lange afstand**  
**Helchterenbos - koersel 16.11.2014**  
**K.O.L.**

**Kris VAN GELDER**

Omega

Course : H40

Distance : 9400m

Time : 1:20:41 (8'34"/km)

**14/16**

O.K.

[Full result on Webres](#)

|                    |         |
|--------------------|---------|
| 1. Frank BUYTAERT  | 0:49:30 |
| 2. Gunther DEFERME | 0:52:22 |
| 3. Marc KERCKHOFS  | 0:54:31 |

HELGA



Orienteering Software