



Militair Regelmatigheidscriterium

Neuville-en-Condroz 1.4.2022

CC R&A

Bram LEFEBURE

Md Bn Bvr/5Li

Course : 02

Distance : 8400m

Time : 1:38:35 (11'44"/km)

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O.K.

[Full result on Webres](#)

1. Wim VERVOORT	0:55:06
2. Ronald SOMERS	1:00:35
3. Geoffrey LAMBERT	1:04:24

1.	148	00:08:07		299m	27'09"/km
2.	146	00:03:38	00:11:45	519m	7'00"/km
3.	126	00:02:18	00:14:03	265m	8'41"/km
4.	144	00:05:13	00:19:16	396m	13'10"/km
5.	170	00:04:12	00:23:28	434m	9'41"/km
6.	174	00:01:52	00:25:20	183m	10'12"/km
7.	140	00:11:20	00:36:40	294m	38'33"/km
8.	154	00:04:04	00:40:44	543m	7'29"/km
9.	137	00:01:48	00:42:32	254m	7'05"/km
10.	136	00:11:39	00:54:11	245m	47'33"/km
11.	135	00:04:37	00:58:48	524m	8'49"/km
12.	134	00:01:18	01:00:06	123m	10'34"/km
13.	133	00:02:09	01:02:15	271m	7'56"/km
14.	132	00:03:38	01:05:53	295m	12'19"/km
15.	131	00:01:44	01:07:37	200m	8'40"/km
16.	171	00:02:14	01:09:51	219m	10'12"/km
17.	123	00:03:04	01:12:55	309m	9'55"/km
18.	178	00:02:59	01:15:54	490m	6'05"/km
19.	179	00:00:00	01:15:54	61m	0'00"/km
20.	111	00:03:23	01:19:17	345m	9'48"/km
21.	112	00:02:32	01:21:49	237m	10'41"/km
22.	113	00:03:18	01:25:07	358m	9'13"/km
23.	114	00:02:59	01:28:06	240m	12'26"/km
24.	115	00:02:29	01:30:35	364m	6'49"/km
25.	116	00:01:25	01:32:00	224m	6'19"/km
26.	117	00:01:20	01:33:20	152m	8'46"/km
27.	118	00:01:23	01:34:43	122m	11'20"/km
28.	119	00:01:45	01:36:28	170m	10'18"/km
29.	110	00:01:16	01:37:44	171m	7'24"/km
30.	180	00:00:51	01:38:35	82m	10'22"/km