



BK midden afstand
HELCHTERENBOS 27.3.2022
K.O.L.

Bert GEUDENS

K.O.L.

Omloop : H75

Afstand : 3180m

Tijd : 0:36:11 (11'23"/km)

4/13

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Freddy SILLIEN | 0:21:34 |
| 2. Mike IN 'T GROEN | 0:30:03 |
| 3. Jos HOUBEN | 0:35:15 |

1.	133	00:00:59		
2.	118	00:04:43	00:05:42	
3.	117	00:01:15	00:06:57	
4.	135	00:02:25	00:09:22	
5.	119	00:01:20	00:10:42	
6.	134	00:01:16	00:11:58	
7.	108	00:03:32	00:15:30	
8.	109	00:01:28	00:16:58	
9.	110	00:04:22	00:21:20	
10.	129	00:02:32	00:23:52	
11.	102	00:00:37	00:24:29	
12.	114	00:02:03	00:26:32	
13.	123	00:00:47	00:27:19	
14.	124	00:02:15	00:29:34	
15.	101	00:02:03	00:31:37	
16.	129	00:01:16	00:32:53	
17.	130	00:02:10	00:35:03	
18.	131	00:04:57	00:40:00	
19.	125	00:03:23	00:43:23	
20.	128	00:03:05	00:46:28	
21.	126	00:01:52	00:48:20	
22.	137	00:00:50	00:49:10	
23.	127	00:02:15	00:51:25	
24.	115	00:04:34	00:55:59	
25.	149	00:00:00	00:55:59	
26.	153	00:02:00	00:57:59	151m 13'15"/km
27.	147	00:01:44	00:59:43	142m 12'12"/km
28.	163	00:02:11	01:01:54	192m 11'22"/km
29.	181	00:03:00	01:04:54	251m 11'57"/km
30.	175	00:03:35	01:08:29	325m 11'02"/km
31.	158	00:03:37	01:12:06	248m 14'35"/km
32.	211	00:01:20	01:13:26	120m 11'07"/km
33.	150	00:02:16	01:15:42	195m 11'37"/km
34.	191	00:01:34	01:17:16	133m 11'47"/km
35.	160	00:01:36	01:18:52	123m 13'00"/km
36.	219	00:03:37	01:22:29	359m 10'04"/km



37.	151	00:01:59	01:24:28	194m	10'13"/km
38.	176	00:01:30	01:25:58	164m	9'09"/km
39.	200	00:01:14	01:27:12	141m	8'45"/km
40.	999	00:00:25	01:27:37	99m	4'13"/km

HELGA



Orienteering Software