



BK midden afstand
HELCHTERENBOS 27.3.2022
K.O.L.

François JACOBS

Omega

Omloop : H60

Afstand : 4440m

Tijd : 0:32:15 (7'16"/km)

5/22

O.K.

[Volledige uitslagen op Webres](#)

1. Wiet LAENEN	0:25:26
2. Patrick MOSSOUX	0:28:09
3. Bart VAN DE MOORTELE	0:30:11

1.	201	00:03:44		456m	8'11"/km
2.	196	00:01:06	00:04:50	150m	7'20"/km
3.	183	00:02:35	00:07:25	352m	7'20"/km
4.	157	00:01:14	00:08:39	180m	6'51"/km
5.	198	00:01:47	00:10:26	229m	7'47"/km
6.	149	00:01:32	00:11:58	169m	9'04"/km
7.	147	00:01:33	00:13:31	179m	8'40"/km
8.	209	00:01:49	00:15:20	271m	6'42"/km
9.	210	00:02:28	00:17:48	339m	7'17"/km
10.	158	00:01:20	00:19:08	174m	7'40"/km
11.	211	00:01:22	00:20:30	120m	11'23"/km
12.	150	00:01:24	00:21:54	195m	7'11"/km
13.	160	00:01:25	00:23:19	199m	7'07"/km
14.	220	00:01:10	00:24:29	208m	5'37"/km
15.	168	00:01:33	00:26:02	269m	5'46"/km
16.	165	00:01:43	00:27:45	207m	8'18"/km
17.	145	00:01:10	00:28:55	156m	7'29"/km
18.	178	00:01:31	00:30:26	232m	6'32"/km
19.	166	00:01:01	00:31:27	163m	6'14"/km
20.	200	00:00:32	00:31:59	92m	5'48"/km
21.	999	00:00:16	00:32:15	99m	2'42"/km

Orienteering Software