



BK midden afstand
HELCHTERENBOS 27.3.2022
K.O.L.

Benoît DEFRAIGNE

ASUB

Omloop : H55

Afstand : 4570m

Tijd : 0:44:26 (9'43"/km)

15/18

O.K.

[Volledige uitslagen op Webres](#)

1. Dirk GOOSSENS	0:25:45
2. Bart MELLEBECK	0:27:53
3. Robert THEISS	0:28:06

1.	156	00:03:49		379m	10'04"/km
2.	201	00:01:10	00:04:59	111m	10'31"/km
3.	171	00:01:39	00:06:38	158m	10'27"/km
4.	143	00:03:57	00:10:35	211m	18'43"/km
5.	154	00:01:24	00:11:59	148m	9'28"/km
6.	199	00:05:15	00:17:14	591m	8'53"/km
7.	157	00:01:27	00:18:41	163m	8'54"/km
8.	149	00:02:55	00:21:36	300m	9'43"/km
9.	163	00:00:54	00:22:30	115m	7'50"/km
10.	181	00:02:11	00:24:41	251m	8'42"/km
11.	175	00:03:02	00:27:43	325m	9'20"/km
12.	211	00:05:06	00:32:49	314m	16'15"/km
13.	191	00:02:13	00:35:02	239m	9'16"/km
14.	161	00:01:27	00:36:29	153m	9'29"/km
15.	220	00:01:30	00:37:59	183m	8'12"/km
16.	219	00:01:27	00:39:26	184m	7'53"/km
17.	151	00:01:30	00:40:56	194m	7'44"/km
18.	178	00:01:34	00:42:30	195m	8'02"/km
19.	166	00:01:06	00:43:36	163m	6'45"/km
20.	200	00:00:33	00:44:09	92m	5'59"/km
21.	999	00:00:17	00:44:26	99m	2'52"/km

Orienteering Software