



BK midden afstand
HELCHTERENBOS 27.3.2022
K.O.L.

Rudy ROOMAN

Antwerp Orienteers

Omloop : H50

Afstand : 5110m

Tijd : 0:35:04 (6'52"/km)

7/26

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Olivier DE SMUL | 0:29:14 |
| 2. Wim VERVOORT | 0:30:29 |
| 3. Noël NIJSTEN | 0:32:15 |

1.	201	00:03:23	456m	7'25"/km
2.	202	00:02:25 00:05:48	317m	7'37"/km
3.	148	00:01:55 00:07:43	261m	7'21"/km
4.	154	00:00:42 00:08:25	91m	7'42"/km
5.	196	00:01:49 00:10:14	290m	6'16"/km
6.	199	00:02:10 00:12:24	326m	6'39"/km
7.	183	00:00:48 00:13:12	132m	6'04"/km
8.	157	00:01:04 00:14:16	180m	5'56"/km
9.	198	00:01:42 00:15:58	229m	7'25"/km
10.	167	00:01:16 00:17:14	176m	7'12"/km
11.	147	00:00:50 00:18:04	127m	6'34"/km
12.	210	00:03:45 00:21:49	606m	6'11"/km
13.	211	00:02:31 00:24:20	289m	8'42"/km
14.	150	00:01:57 00:26:17	195m	10'00"/km
15.	190	00:00:42 00:26:59	98m	7'09"/km
16.	214	00:01:03 00:28:02	135m	7'47"/km
17.	220	00:01:12 00:29:14	146m	8'13"/km
18.	215	00:01:33 00:30:47	235m	6'36"/km
19.	182	00:00:30 00:31:17	104m	4'48"/km
20.	168	00:01:48 00:33:05	344m	5'14"/km
21.	169	00:01:20 00:34:25	184m	7'15"/km
22.	200	00:00:25 00:34:50	92m	4'32"/km
23.	999	00:00:14 00:35:04	99m	2'21"/km

Orienteering Software