



BK midden afstand
HELCHTERENBOS 27.3.2022
K.O.L.

Alain MAZY

CO Liège

Omloop : H45

Afstand : 5570m

Tijd : 0:32:57 (5'55"/km)

4/23

O.K.

[Volledige uitslagen op Webres](#)

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|-----------------------|---------|
| 1. Christophe BERNARD | 0:29:17 |
| 2. Nicolas SILLIEN | 0:31:21 |
| 3. Kim JANSEN | 0:32:38 |

1.	198	00:01:42		243m	7'00"/km
2.	199	00:02:25	00:04:07	257m	9'24"/km
3.	156	00:01:56	00:06:03	375m	5'09"/km
4.	201	00:00:41	00:06:44	111m	6'09"/km
5.	203	00:01:54	00:08:38	322m	5'54"/km
6.	148	00:00:51	00:09:29	130m	6'32"/km
7.	180	00:02:30	00:11:59	452m	5'32"/km
8.	144	00:00:33	00:12:32	86m	6'24"/km
9.	173	00:02:03	00:14:35	373m	5'30"/km
10.	147	00:01:48	00:16:23	290m	6'12"/km
11.	208	00:01:39	00:18:02	273m	6'03"/km
12.	181	00:01:31	00:19:33	268m	5'40"/km
13.	175	00:01:46	00:21:19	325m	5'26"/km
14.	150	00:03:35	00:24:54	509m	7'02"/km
15.	160	00:01:22	00:26:16	199m	6'52"/km
16.	220	00:00:59	00:27:15	208m	4'44"/km
17.	168	00:01:17	00:28:32	269m	4'46"/km
18.	205	00:01:45	00:30:17	267m	6'33"/km
19.	178	00:01:26	00:31:43	271m	5'17"/km
20.	200	00:01:02	00:32:45	239m	4'19"/km
21.	999	00:00:12	00:32:57	99m	2'01"/km

Orienteering Software