



BK midden afstand
HELCHTERENBOS 27.3.2022
K.O.L.

Thomas VAN DER KLEIJ

hamok

Omloop : HE

Afstand : 7420m

Tijd : 0:40:18 (5'26"/km)

13/20

O.K.

[Volledige uitslagen op Webres](#)

1. Yannick MICHIELS	0:32:24
2. Evert LEEUWS	0:33:30
3. Wouter HUS	0:33:32

1.	167	00:02:39		388m	6'50"/km
2.	153	00:00:35	00:03:14	95m	6'08"/km
3.	170	00:01:09	00:04:23	199m	5'47"/km
4.	199	00:01:10	00:05:33	183m	6'23"/km
5.	156	00:02:01	00:07:34	375m	5'23"/km
6.	171	00:01:20	00:08:54	231m	5'46"/km
7.	202	00:01:04	00:09:58	173m	6'10"/km
8.	204	00:01:10	00:11:08	231m	5'03"/km
9.	155	00:00:23	00:11:31	72m	5'19"/km
10.	148	00:00:39	00:12:10	109m	5'58"/km
11.	203	00:00:43	00:12:53	130m	5'31"/km
12.	196	00:01:27	00:14:20	285m	5'05"/km
13.	180	00:01:29	00:15:49	266m	5'35"/km
14.	183	00:01:08	00:16:57	217m	5'13"/km
15.	173	00:01:19	00:18:16	239m	5'31"/km
16.	147	00:01:29	00:19:45	290m	5'07"/km
17.	175	00:02:27	00:22:12	460m	5'20"/km
18.	210	00:01:08	00:23:20	179m	6'20"/km
19.	191	00:02:46	00:26:06	527m	5'15"/km
20.	214	00:01:25	00:27:31	207m	6'51"/km
21.	220	00:00:50	00:28:21	146m	5'42"/km
22.	215	00:01:08	00:29:29	235m	4'49"/km
23.	218	00:02:59	00:32:28	598m	4'59"/km
24.	216	00:00:51	00:33:19	153m	5'33"/km
25.	219	00:02:13	00:35:32	446m	4'58"/km
26.	205	00:01:39	00:37:11	317m	5'12"/km
27.	145	00:00:26	00:37:37	74m	5'51"/km
28.	146	00:01:49	00:39:26	342m	5'19"/km
29.	200	00:00:39	00:40:05	152m	4'17"/km
30.	999	00:00:13	00:40:18	99m	2'11"/km