



**BK midden afstand**  
**HELCHTERENBOS 27.3.2022**  
**K.O.L.**

**Mats DE SMUL**

Omega

Omloop : H-16

Afstand : 4570m

Tijd : 0:28:00 (6'08"/km)

**2/10**

O.K.

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- |                    |         |
|--------------------|---------|
| 1. Mathis BROUWIER | 0:27:59 |
| 3. Arnaud MAZY     | 0:29:42 |

|     |     |          |          |      |          |
|-----|-----|----------|----------|------|----------|
| 1.  | 156 | 00:02:40 |          | 379m | 7'02"/km |
| 2.  | 201 | 00:00:43 | 00:03:23 | 111m | 6'27"/km |
| 3.  | 171 | 00:01:02 | 00:04:25 | 158m | 6'32"/km |
| 4.  | 143 | 00:01:32 | 00:05:57 | 211m | 7'16"/km |
| 5.  | 154 | 00:00:54 | 00:06:51 | 148m | 6'05"/km |
| 6.  | 199 | 00:03:26 | 00:10:17 | 591m | 5'49"/km |
| 7.  | 157 | 00:01:04 | 00:11:21 | 163m | 6'33"/km |
| 8.  | 149 | 00:02:32 | 00:13:53 | 300m | 8'27"/km |
| 9.  | 163 | 00:00:38 | 00:14:31 | 115m | 5'30"/km |
| 10. | 181 | 00:01:26 | 00:15:57 | 251m | 5'43"/km |
| 11. | 175 | 00:01:56 | 00:17:53 | 325m | 5'57"/km |
| 12. | 211 | 00:02:00 | 00:19:53 | 314m | 6'22"/km |
| 13. | 191 | 00:01:32 | 00:21:25 | 239m | 6'25"/km |
| 14. | 161 | 00:00:51 | 00:22:16 | 153m | 5'33"/km |
| 15. | 220 | 00:01:02 | 00:23:18 | 183m | 5'39"/km |
| 16. | 219 | 00:00:57 | 00:24:15 | 184m | 5'10"/km |
| 17. | 151 | 00:01:09 | 00:25:24 | 194m | 5'56"/km |
| 18. | 178 | 00:01:08 | 00:26:32 | 195m | 5'49"/km |
| 19. | 166 | 00:00:52 | 00:27:24 | 163m | 5'19"/km |
| 20. | 200 | 00:00:23 | 00:27:47 | 92m  | 4'10"/km |
| 21. | 999 | 00:00:13 | 00:28:00 | 99m  | 2'11"/km |

Orienteering Software