



BK midden afstand
HELCHTERENBOS 27.3.2022
K.O.L.

Riet VANGHELUWE

Individual (BE)

Course : D40

Distance : 4570m

Time : 1:06:37 (14'35"/km)

14/14

O.K.

[Full result on Webres](#)

1. Aline HERMANS	0:29:40
2. Sofie HERREMANS	0:33:35
3. Lieke VAN OPSTAL	0:34:33

1.	156	00:23:31		379m	62'03"/km
2.	201	00:00:58	00:24:29	111m	8'43"/km
3.	171	00:01:55	00:26:24	158m	12'08"/km
4.	143	00:04:42	00:31:06	211m	22'16"/km
5.	154	00:01:55	00:33:01	148m	12'57"/km
6.	199	00:07:44	00:40:45	591m	13'05"/km
7.	157	00:01:24	00:42:09	163m	8'35"/km
8.	149	00:02:54	00:45:03	300m	9'40"/km
9.	163	00:00:53	00:45:56	115m	7'41"/km
10.	181	00:02:06	00:48:02	251m	8'22"/km
11.	175	00:02:55	00:50:57	325m	8'58"/km
12.	211	00:03:14	00:54:11	314m	10'18"/km
13.	191	00:01:56	00:56:07	239m	8'05"/km
14.	161	00:01:21	00:57:28	153m	8'49"/km
15.	220	00:01:22	00:58:50	183m	7'28"/km
16.	219	00:01:13	01:00:03	184m	6'37"/km
17.	151	00:01:30	01:01:33	194m	7'44"/km
18.	178	00:01:38	01:03:11	195m	8'23"/km
19.	166	00:02:31	01:05:42	163m	15'26"/km
20.	200	00:00:38	01:06:20	92m	6'53"/km
21.	999	00:00:17	01:06:37	99m	2'52"/km

Orienteering Software