



BK midden afstand
HELCHTERENBOS 27.3.2022
K.O.L.

Lies PROVOOST

Omega

Omloop : D40

Afstand : 4570m

Tijd : 1:03:33 (13'54"/km)

12/14

O.K.

[Volledige uitslagen op Webres](#)

1. Aline HERMANS	0:29:40
2. Sofie HERREMANS	0:33:35
3. Lieke VAN OPSTAL	0:34:33

1.	156	00:04:25		379m	11'39"/km
2.	201	00:01:19	00:05:44	111m	11'52"/km
3.	171	00:01:51	00:07:35	158m	11'43"/km
4.	143	00:05:09	00:12:44	211m	24'24"/km
5.	154	00:04:47	00:17:31	148m	32'19"/km
6.	199	00:10:25	00:27:56	591m	17'38"/km
7.	157	00:01:28	00:29:24	163m	9'00"/km
8.	149	00:07:52	00:37:16	300m	26'13"/km
9.	163	00:01:00	00:38:16	115m	8'42"/km
10.	181	00:02:36	00:40:52	251m	10'22"/km
11.	175	00:03:54	00:44:46	325m	12'00"/km
12.	211	00:04:15	00:49:01	314m	13'32"/km
13.	191	00:03:02	00:52:03	239m	12'42"/km
14.	161	00:01:38	00:53:41	153m	10'41"/km
15.	220	00:01:48	00:55:29	183m	9'50"/km
16.	219	00:02:02	00:57:31	184m	11'03"/km
17.	151	00:01:55	00:59:26	194m	9'53"/km
18.	178	00:01:44	01:01:10	195m	8'53"/km
19.	166	00:01:29	01:02:39	163m	9'06"/km
20.	200	00:00:36	01:03:15	92m	6'31"/km
21.	999	00:00:18	01:03:33	99m	3'02"/km

Orienteering Software