



BK midden afstand
HELCHTERENBOS 27.3.2022
K.O.L.

Lotte TIESTERS

Omega

Omloop : D-20

Afstand : 4570m

Tijd : 0:37:31 (8'13"/km)

3/6

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------|---------|
| 1. Julia KREKELS | 0:30:58 |
| 2. Laurence DEFRAIGNE | 0:32:35 |

1.	156	00:03:56		379m	10'23"/km
2.	201	00:01:03	00:04:59	111m	9'28"/km
3.	171	00:01:12	00:06:11	158m	7'36"/km
4.	143	00:02:22	00:08:33	211m	11'13"/km
5.	154	00:01:04	00:09:37	148m	7'12"/km
6.	199	00:03:53	00:13:30	591m	6'34"/km
7.	157	00:01:14	00:14:44	163m	7'34"/km
8.	149	00:02:08	00:16:52	300m	7'07"/km
9.	163	00:00:44	00:17:36	115m	6'23"/km
10.	181	00:01:41	00:19:17	251m	6'42"/km
11.	175	00:02:38	00:21:55	325m	8'06"/km
12.	211	00:02:45	00:24:40	314m	8'45"/km
13.	191	00:01:50	00:26:30	239m	7'40"/km
14.	161	00:01:04	00:27:34	153m	6'58"/km
15.	220	00:01:14	00:28:48	183m	6'44"/km
16.	219	00:04:11	00:32:59	184m	22'44"/km
17.	151	00:01:17	00:34:16	194m	6'37"/km
18.	178	00:01:21	00:35:37	195m	6'55"/km
19.	166	00:01:10	00:36:47	163m	7'09"/km
20.	200	00:00:29	00:37:16	92m	5'15"/km
21.	999	00:00:15	00:37:31	99m	2'32"/km

Orienteering Software