



Vlaams kampioenschap lange afstand
Helchterenbos - koersel 16.11.2014
K.O.L.

Jan THEYS

Omega

Course : H50

Distance : 7400m

Time : 1:00:07 (8'07"/km)

13/16

O.K.

[Full result on Webres](#)

- | | |
|--------------------|---------|
| 1. Luc MELIS | 0:42:54 |
| 2. François JACOBS | 0:44:46 |
| 3. Guido TIMMERS | 0:47:34 |

HELGA



Orienteering Software