



Nationale Moyenne Distance

La Houssière 20.3.2022

Altaïr C.O.

Georges TIMMERMANS

K.O.L.

Circuit : H70

Distance : 2600m (Dénivelé 70m)

Temps : 0:40:55 (15'44"/km)

10/16

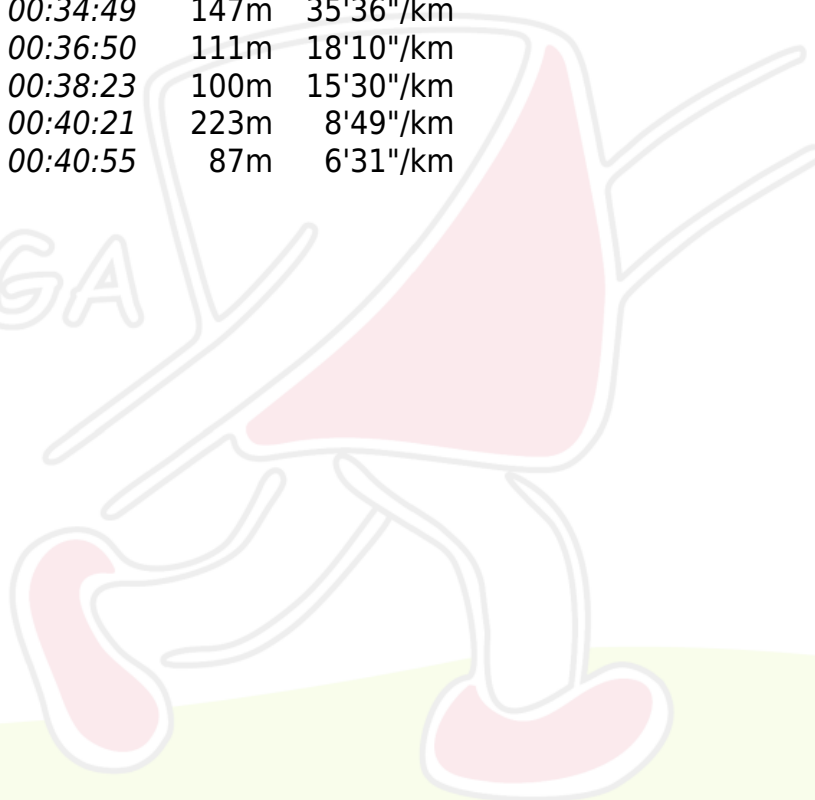
O.K.

[Résultats complets sur Webres](#)

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|-------------------|---------|
| 1. Servais HICK | 0:27:12 |
| 2. Luc HEUNINCKX | 0:33:20 |
| 3. Ivo TIMMERMANS | 0:34:21 |

1.	237	00:04:56		463m	10'39"/km
2.	246	00:06:26	00:11:22	367m	17'32"/km
3.	232	00:03:12	00:14:34	208m	15'23"/km
4.	174	00:02:02	00:16:36	117m	17'23"/km
5.	215	00:02:45	00:19:21	226m	12'10"/km
6.	175	00:08:26	00:27:47	413m	20'25"/km
7.	206	00:01:48	00:29:35	138m	13'03"/km
8.	214	00:05:14	00:34:49	147m	35'36"/km
9.	219	00:02:01	00:36:50	111m	18'10"/km
10.	220	00:01:33	00:38:23	100m	15'30"/km
11.	255	00:01:58	00:40:21	223m	8'49"/km
12.	999	00:00:34	00:40:55	87m	6'31"/km

HELGA



Orienteering Software